



We need to have an important conversation about racial inequalities affecting people navigating a neurodegenerative disease.

Join Adira Foundation on **Monday, December 14, 3:00 – 5:00 pm ET** for Pain, Passion, Purpose: Advancing Health Equity & Building a Neurodegenerative Disease Community

We invite

- People of color living with Alzheimer's, ALS, Huntington's, multiple sclerosis, or Parkinson's
- Family and friends of people living with one of these diseases who provide care or support

Register here:

<https://www.surveymonkey.com/r/PLTM3Q2>

This is a free event.

Registration ends Thursday, December 10

What we'll do

- **Hear** from a medical professional about disparities affecting people of color and how this impacts health outcomes
- **Share** stories, insights, and opinions in small group discussions on:
 - Your experience with the disparities presented and how systems can improve care for people of color
 - Which programs and services best meet your needs and how Adira can better support them through our grants programs
 - What information you need to make decisions and how resource navigation tools can make accessing services easier

Questions? Contact Lauren Ruiz at lruiz@adirafoundation.org