

## HD Reach for Families

Finding Solutions and Providing Support to individuals impacted by Huntington's disease.

HD Reach:

- ✓ Works one on one to help solve problems such as:
  - Getting referrals to medical specialists who understand HD
  - Finding long term care
  - Filing for disability
  - Crisis safety planning
  - Finding skilled home health assistance
  - Navigating employment questions
  - Strategies for calming irritability and aggression
  - Understanding symptoms and how they affect mood and behavior
  - Developing medical teams
  - Assisting with care coordination
  - Locating community resources
- ✓ Brings the community together through
  - Webinars
  - Monthly Meet Ups for everyone
  - Quarterly Support Group for Caregivers
  - Educational conferences
- ✓ Provides Confidential Genetic Testing and Decision-Making Counseling
- ✓ Provides Teletherapy

Let us know how we can best support your needs by filling out a [member profile](#) or by simply emailing or calling. Our free counseling is available Monday through Friday from 9am-5pm ET.

### Contact Us

HD Reach  
[info@hdreach.org](mailto:info@hdreach.org)  
919.803.8128  
[www.hdreach.org](http://www.hdreach.org)  
M-F 9am-5pm ET